

Department of Physical Education
Second Faculty of Medicine
Charles University



PE and Sport for International Students - Third Faculty of Medicine



second faculty of medicine department of physical education



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Department of Physical Education. Sport & fitness. Sport keeps you fit, helps you lead a balanced lifestyle ...

Tuto stránku jste navštívili 3krát. Poslední návštěva: 24.9.20



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DEPARTMENT OF PHYSICAL
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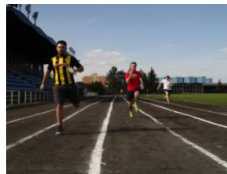
Head

PaedDr. Hana Milerová

Address

Bruslařská 10

News



Sports offer in times of restrictions

6.10.2020

[Department of Physical Education](#)

Updated on 13 October 2020. Due to new epidemiological situation in the Czech Republic and current regulations we also have to cancel extracurricular sports offer.



Registration for the winter sport courses in the academic year 2020/2021

1.10.2020

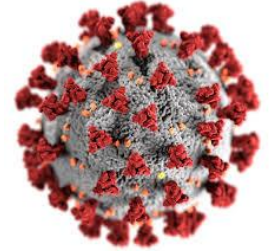
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Winter sports courses in the academic year 2020/2021 are still planned...

Access to our website:

1. Google us
2. Choose the first option
3. Check all the important info

- NEWS
- Contacts
- Registration to PE and Courses
- Sport facilities
- Etc.



Current situation related to Covid-19

- All practical PE lessons and courses are held only DISTANTLY from the beginning of the academic year until further notice
- Guarantors of subjects and courses inform you about next steps
- Updated information will be available on our website - NEWS



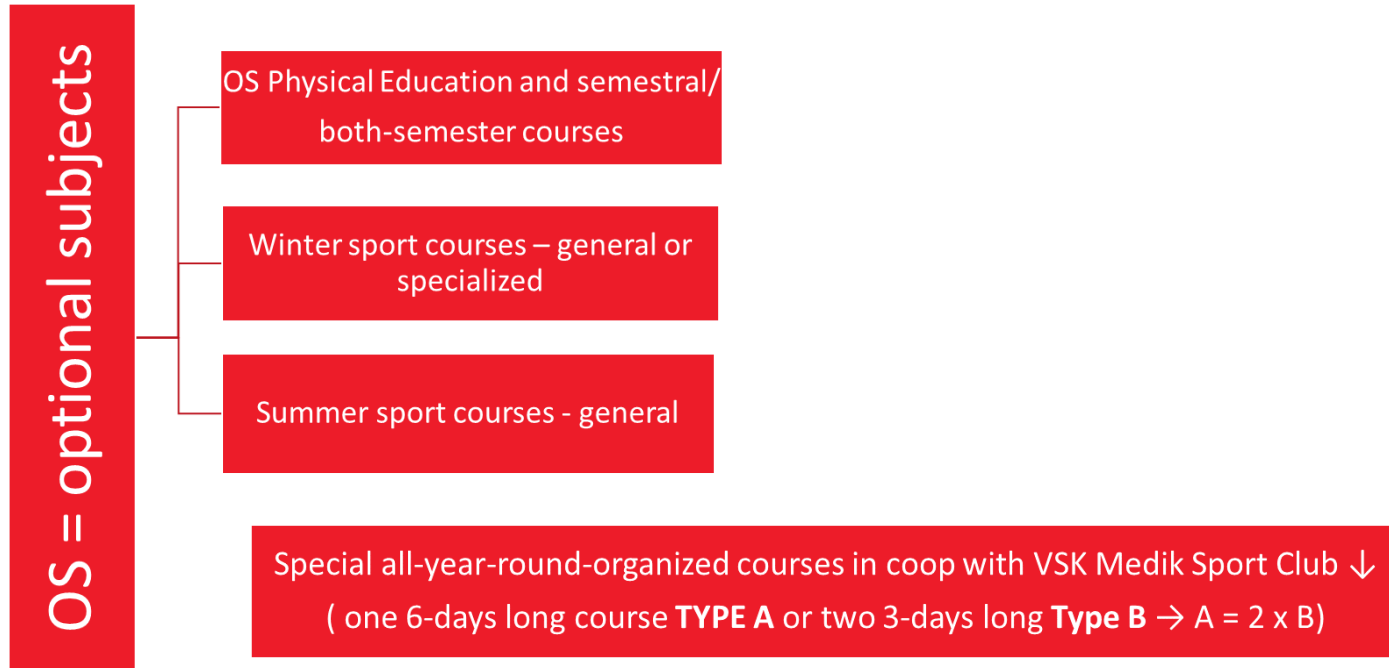
General information 1st – 6th year of study

- PE is taught in the form of OPTIONAL SUBJECTS – OS
- 3 credits for each item (subject, course) per academic year/semester
 - possibility to enroll in any of them repeatedly each year of study

Requirements for completing subjects:

- Active participation
- Minimum 80 % of total attendance (cca 12 per academic year/semester)
- Conditions can be modified due to Covid-19 circumstances

Chart of the credit sports offer





List of Optional Subjects - OS

- physical education - particular choice in web application
- canoeing semestral course,
- climbing semestral course,
- competitive ice hockey,
- competitive swimming,
- competitive volleyball,
- course for non-swimmers or beginners,
- cycling semestral courses,
- dancing semestral course
- self defense,
- sports games,
- golf semestral course,
- health physical education,
- increasing physical ability,
- PE in primary prevention,
- pilates semestral course,
- reducing and fitness semestral course,
- rescue semestral course – lifeguard,
- tourism exploring prague and surroundings



Registration of subjects/courses

- all subjects are registered via SIS
- if you choose [OS - Physical Education](#), next step is enrollment of particular sport through our web application:
 - a. login details are the same as for SIS and CAS
 - b. Choose a sport you want to attend
 - c. click on ZAPSAT (ENROLL)



all info including link to the web application can be found on our web site

Winter sport courses 2020/2021

Erlebach	24th - 29th Jan
Technometra	17th - 22nd Jan
Vak I	24th - 29th Jan
Vak II	31st Jan - 5th Feb
Lavanterhof (Austria)	21st - 27th Jan

- registration from 19th October 2020





Summer sport courses 2020/2021

Dobronice I	15th - 22nd August
Dobronice II	22nd - 29th August

Wide range of sport activities:

- mornings – general sports mode
- afternoons – specialization options
- Accommodation in small huts
- Full board







VSK Medik Club

- Sport club for academic community of 2nd and 3rd FM CU
- Close cooperation with Department of Physical Education
- Organiser and financial supporter of sport activities, courses and events
- Membership allows you participating in all sports program with little discount, free use of equipment for some sports and professional guidance
 - 200 CZK per year (instructions for payment on our website)
- For obtaining credits from VSK Medik and DoPE all-year-round-organized sport courses you need to complete one 6-days course (type A) or two 3-days courses (type B) – list of courses on our website

Hostivař Sports Centre SC UK



- Bruslařská st. 10, Prague 10
bus stop GERCENOVA
- All sports here are free of charge







External sport facilities

- SK Aritma – sports hall
- Pod Juliskou – indoor climbing wall
- Lokal Blok – bouldering centre
- Shipyard „Malá Chuchle“
- Studio Sun – group lessons
- CKS Zizkov – self defence sport centre
- Hodkovicky Golf Centre
- Strahov Squash Centre

➔ students have to participate in costs – small fee





Contacts



Academic staff and researchers	
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We are excited to move together!

We are open to new suggestions and feedback. If you have any questions do not hesitate to contact us!

General issues regarding physical education and sport can be consulted with our sport coordinator for international students Mgr. Michael Janek - michael.janek@lfmotol.cuni.cz

Department of Physical Education, 2nd FM CU