



CHARLES UNIVERSITY
Second Faculty of Medicine

INFORMATION ABOUT PE AND SPORT FOR INTERNATIONAL STUDENTS

Department of Physical Education
Second Faculty of Medicine
Charles University



second faculty of medicine department of physical education



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Přibližný počet výsledků: 154 000 000 (0,85 s)

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Ústav tělesné výchovy 2. LF UK | Second Faculty of Medicine ...

Department of Physical Education. Sport & fitness. Sport keeps you fit, helps you lead a balanced lifestyle ...

Tuto stránku jste navštívili 3krát. Poslední návštěva: 24.9.20



SECOND FACULTY OF MEDICINE
CHARLES UNIVERSITY

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DEPARTMENT OF PHYSICAL
EDUCATION

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Head

PaedDr. Hana Milerová

News



Teaching of the Department of Physical Education

29. 9. 2020

[Department of Physical Education](#)

According to the currently valid regulations, the teaching of physical education and optional courses will take place only in a distance form until further notice.



Physical Education and Sport – registration

4. 9. 2020

[Department of Physical Education](#)

Registration for PE courses will start on **9 September 2020** for compulsory courses and **14 September 2020** for optional courses.

Access to our website:

1. Google us
2. Choose the first option
3. Check all the important info
 - NEWS
 - Contacts
 - Registration to PE and Courses
 - Sport facilities
 - Etc.



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Current situation related to Covid - 19

- all practical PE lessons and sport courses are held DISTANTLY from the beginning of the academic year until further notice – by the decision of the Rector and the Dean
- BUT we still encourage you to enroll in our subjects and courses
- Guarantors of subjects and courses will inform you about next steps
- Check our website for updated NEWS

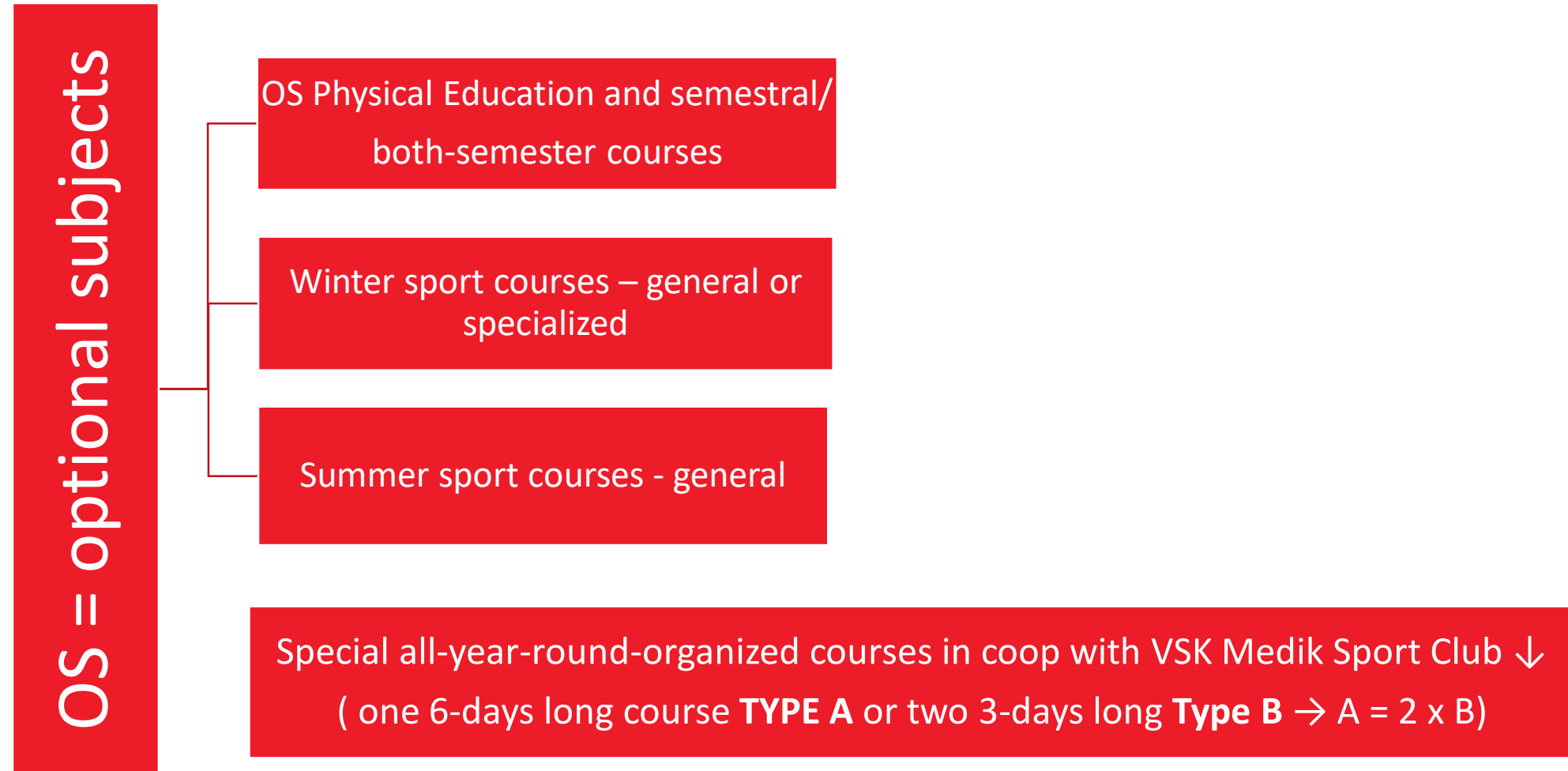


General information 1st – 6th year of study

- PE in General Medicine is taught in the form of OPTIONAL SUBJECTS - OS
- 3 credits for each item (subject, course) per academic year/semester
 - Possibility to enroll in any of them repeatedly each year of study
- Requirements for completing subjects:
 - Active participation
 - Minimum 8 attendances per semester (or 16 per academic year – OS PE)
 - Requirements can be modified due to Covid-19 restrictions



Chart of our credit sports offer



List of Optional Subjects

OS - Reducing and fitness course

OS - Cycling course

OS - Canoeing course

OS - Climbing course

OS - Increasing physical ability

OS - Golf course

OS - Pilates course

OS - Dancing course

OS - Tourism Exploring Prague and surroundings

OS - Preparatory course I. for obtaining a license: Water Rescue - Lifeguard

OS - Rescue Course - obtaining a license: Water Rescue - Lifeguard

OS - Competitive swimming

OS - Competitive volleyball

OS - Summer sport course - specialized

OS - Summer sport course - general

OS - Summer sport course - general

OS - Summer sport course - general

OS - Sports games

[OS - Physical Education](#)

OS - Health Physical Education

OS - Self defense course

OS - Competitive ice hockey

OS - Course for non-swimmers or swimmers - beginners

OS - Physical Education in Primary Prevention I

OS - Physical Education in Primary Prevention II

OS - Winter Sports Course - general

OS - Winter Sports Course - cross country skiing (XC)

OS - Winter Sports Course - snowboarding

OS - Winter Sports Course - skitouring

OS - Winter Sports Course - downhill skiing



Registration of subjects/courses

- All subjects are registered via SIS
- If you choose **OS – Physical Education**, next step is enrollment of particular sport via our web application:
 - a. Login details are the same as for SIS and CAS
 - b. Choose a sport you want to attend
 - c. Click on ZAPSAT (ENROLL)



All info including link to the web application can be found at our web site



Winter sport courses 2020/2021

Registration from 19th October 2020

GENERAL

Erlebach	24th - 29th Jan
Technometra	17th - 22nd Jan
Vak I	24th - 29th Jan
Vak II	31st Jan - 5th Feb
Lavanterhof (Austria)	21st - 27th Jan



SPECIALIZED

- Downhill skiing, cross country skiing, snowboarding, skitouring
- Within general courses or separately – info later after enrollment





Summer sport courses - general

Dobronice I	15th - 22nd August
Dobronice II	22nd - 29th August

- Wide range of sport activities:
 - mornings – general sports mode
 - afternoons – specialization options
- Accommodation in small huts
- Full board





VSK Medik Club

- Sport club for academic community of 2nd and 3rd FM CU
- Close cooperation with our department
- Organizer and financial supporter of sport activities, events, courses
- Membership allows you participating in all events with little discount, free use of equipment for some sports and professional guidance
 - 200 CZK per year (instructions for payment on our website)
- For obtaining credits from VSK Medik and DoPE all-year-round-organized sport courses you need to complete one 6-days course (type A) or two 3-days courses (type B) – list of courses on the website



Hostivař Sports Centre of Charles University



- Brslarska St. 10, Prague 10 – bus stop GERCENOVA
- all sports here are free of charge



External Sport Facilities

- SK Aritma – sports hall
- „Pod Juliskou“ – indoor climbing wall
- Lokal Blok – bouldering centre
- Shipyard „Malá Chuchle“
- Studio Sun – group lessons
- CKS Zizkov - self defence sport centre
- Hodkovicky Golf Centre
- Strahov Squash Centre



➔ Students have to participate in costs – small fee



Contacts

Academic staff and researchers	
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We are excited to move together!

We are open to new suggestions and feedback. If you have any questions do not hesitate to contact us!

General issues regarding physical education and sport can be consulted with our sport coordinator for international students Mgr. Michael Janek - michael.janek@lfmotol.cuni.cz

Department of Physical Education, 2nd FM CU