

# DEPARTMENT OF PHYSICAL EDUCATION of the 2nd Faculty of Medicine

teaches in the academic year 2018/2019 for students of the 3rd MFF

- Compulsory subjects for the field of study Public Health - PHYSICAL ACTIVITIES IN PRIMARY PREVENTION - 1. yearly, two-semester lessons, own schedule, PHYSICAL ACTIVITIES IN SECONDARY PREVENTION - 2nd year, one-semester summer semester, own schedule (see ÚTV or SIS)
- Compulsory Elective Course FUNDAMENTALS OF MUSCULOSKELETAL PRACTICE from 3rd year of General Medicine, one-semester teaching, is written for each semester, introduction to the issue of sports training
- Optional subject PHYSICAL EDUCATION (VP - TV) for all classes, 3 credits, 2 semester instruction, 30 teaching hours (1 hour = 45 minutes), condition for 80% attendance. Selection of sports specialties TENIS, SQUASH, GOLF, BADMINTON, VOLEJBALL, FOOTBALL, BASKETBALL, FLORBALL, WORK OUT, SWIMMING, TABLE TENNIS, AEROBIC, YOGA, STRECHINK, BOX, KICKBOX, CANOEING, CLIMBING, CONDITIONAL TRAINING etc. according to the schedule. A student can enroll this subject in each year. Teaching in external objects or taught by external lecturers is charged. Table at DPE website.  
Enrollment in the hours of the TV will take place from September 17, 2018, 8:00 via an electronic system. For instructions on how to sign up, please visit the DPE 2.LF website
- Optional courses COURSE (VP - course) with one-semester teaching in block or regular form. Courses are written through the SIS, including detailed information, including the course price. 3 credits - tourism Exploring Prague and surroundings (summer semester), canoeing course increasing physical abilities, cycling course, golf for beginners to obtaining the certificate for play on golf courses, dance classes, courses for non-swimmers or Swimmers - beginners, preparatory courses for license: water rescue, self defence course, healthy lifestyle course, For VP - courses, log in via SIS
- Weekly sports courses, optional subject - SUMMER SPORTS COURSE, WINTER SPORTS COURSE, 3 credits / course. A student can enroll this subject in each year. The dates of winter sports courses are published on the ÚTV website. Signing up for WSC by electronic means (see Information on the DPE 2.LF website)
- Weekend sports courses - a wide range of weekend courses in cooperation with ÚTV and VSK Medik Praha. Fulfilling two weekend courses during one acad. year corresponds to a weekly sports course (2 x weekend rate = 3 credits).
- Racing and competition activities: participation in university competitions within the University of Charles University as well as national, academic games, records at ÚTV  
Mgr. Jan Gajdošík Details on individual courses, courses, sports, teaching, teaching facilities, etc. can be found on the web site of the Institute of Physical Education: