

## Recommended steps to be taken in case of contact with a COVID-19 positive person

### Second Faculty of Medicine, October – December 2020

If you suspect that you have been in contact with a person with a laboratory-confirmed COVID-19, it is always essential to determine whether it was a high-risk contact. A contact with a COVID-19 positive person with whom you have remained in a close proximity (up to 2 m) for a minimum of 15 minutes without a face mask or respirator is considered a high-risk contact.

**Any other type of contact or contact with a person who has been exposed to a high-risk contact themselves is not considered significant, unless they show signs of disease or have tested positive. Contact with a COVID-19 positive patient when providing healthcare to them while using specified personal protective equipment is not high-risk either.**

If you are aware of a „high-risk contact“ defined above, you should contact local Public Health Office („hygienická stanice“) who will decide further anti-epidemic measures. Simultaneously, you have to inform immediately the Student Department of this fact, as well as the guarantor of the course at whose workplace the instruction is conducted. Even though the Faculty of Medicine is not competent to make decisions on quarantine measures, and even if you are not contacted by the Public Health Office, for the sake of safety **it is recommended that you participate only in online learning and exams, not face-to-face learning or exams.**

The guarantor of the course will then determine how the missed face-to-face instruction may be substituted. The decision on testing, quarantine or anti-epidemic measures is fully within the competence of the Public Health Office, who will lay down further steps. Based on the decision of the Public Health Officers, a COVID-19 test will be possibly indicated; the length of quarantine is generally set at the period of 10 days provided that clinical symptoms are not present. If the Public Health Office evaluates the contact as risk-free by a detailed investigation, the above-mentioned preventive measures can be terminated.

**Basic rules applying to a high-risk contact:** *(i.e. a close contact with a COVID-19 positive person at a distance of less than 2 m for at least 15 minutes, without a face mask or respirator. We explicitly note that neither a contact with an asymptomatic person having had a high-risk contact themselves (unless they are COVID-19 positive) nor a contact with a COVID-19 positive person when providing healthcare while using specified personal protective equipment are deemed high-risk).*

- 1) Stay home, do not attend face-to-face learning.
- 2) Contact the Public Health Office and then follow their instructions.
- 3) Immediately inform the Student Department and the guarantor of the course.

## **Recommended steps to be taken in the event of health issues**

### **Second Faculty of Medicine, October – December 2020**

Due to the current very unfavourable epidemiological situation, we definitely recommend that you **do not attend face-to-face learning or face-to-face exams** in the event of development of any symptoms that may indicate an ongoing COVID-19 infection (raised temperature, fever, chills, joint pain, muscle pain, cough, indigestion, loss of smell and taste, etc.). Advise immediately the guarantor of the course, who will determine how the missed face-to-face instruction or exams may be substituted.

You are advised to contact your GP, who will set the next steps. If you are not sure, you can consult your health issues on a crisis helpline set up for this purpose by the Second Faculty of Medicine. However, laying down any quarantine or additional anti-epidemic measures is only within the competence of the Public Health Office, not the Faculty of Medicine.

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| <p><b>Basic rules in case of development of any symptoms that may indicate an ongoing COVID-19 infection:</b></p> |
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| <ol style="list-style-type: none"><li>1) Stay home, do not attend face-to-face learning.</li><li>2) Immediately advise the guarantor of the course.</li><li>3) Contact your GP and follow his/her instructions.</li></ol> |
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**Please note that all the above measures are only aimed at ensuring the safe course of face-to-face learning at the Second Faculty of Medicine; however, IT IS NOT within the competence of the Faculty of Medicine to decide on quarantine, or anti-epidemic actions, or other acts relating to employment and social matters.**