

Kitasato University International Exchange Program 2023

Mission statement

To expand the academic international exchange more interdisciplinary, and educate medical professionals with ability to expand their activity worldwide.

To establish concrete and effective system for global education program across universities, which involves the “cross-cultural interdisciplinary case study”.

Cross-cultural Interdisciplinary case study

Objective: Let the students not only exchange their medical skill and knowledge but also gain competency to work with global vision. Based on the global exchange including medically developed/developing countries, the students may be encouraged,

- 1) to learn advanced medicine and health care,
- 2) to recognize the different values and philosophy among regions and countries, and
- 3) to expand their activity toward the developing countries in Asia and Africa, and contribute to the global medical and health care.

Procedure: The interdisciplinary case study is a group discussion (usually 9-10 students from different disciplinary) where each group will be assigned to a paper patient to discuss the following guiding questions and give a presentation regarding their opinion/ findings.

Guiding Questions: (1) Set a goal for the assigned patient with certain time period. (2) List the possible healthcare the patient should receive, and identify each profession’s role. (3) Discuss the health insurance system, social value and an ethical standpoint across countries that may affect the care for the assigned patient.

Participants From Kitasato University: Students from School of Allied Health Sciences (Medical Laboratory, Radiological Technology, Physical Therapy, Occupational Therapy, Health Science, Clinical Engineering, Speech Therapy, Orthoptics and Visual Science, Basic Medical Sciences and Clinical Medicine), School of Medicine, Nursing and Pharmacy.

Exchange program in 2023 (tentative): Date: March 13 to March 18 2023

*The program is currently planned to be held in person, but please note that this is subject to change due to unforeseen circumstances. After a decision will be made in mid-December, specific procedures for travel will be announced to participants.

Date	Event
March 12 (Sun)	Transferring to the hotel near Kitasato University
March 13 (Mon)	Orientation(*) and Campus tour

March 14-16 (Tue-Thurs)	Cross-cultural Interdisciplinary case study (Discussion & Presentation)
March 17 (Fri)	Cultural exchange/Sightseeing
March 18 (Sat)	Departure

Universities: FH Campus Wien (Austria), Charles University in Prague (Czech Republic), University of Marburg (Germany), Gabriele d'Annunzio University (Italy), University of Medical Technology, Yangon (Myanmar), Inland Norway University of Applied Sciences (Norway), National Cheng Kung University (Taiwan), Walailak University (Thai), Thomas Jefferson University (U.S.), University of California, Los Angeles (U.S.), University of Kentucky (U.S.), and Kitasato University.

Participants: Students from each university (students who are fluent in English conversation, and able to present/discuss about their countries' medical care are preferred)

Financial support: Traveling expenses (Round trip from the local nearest airport to Kitasato University), accommodation (6 nights/Single room) and meals will be covered by Kitasato University.

**Fee related to visa application is at the student's own expense.*

**Please refrain from trying to change the fixed itinerary except in case of emergency.*

**Based on the academic agreement with Kitasato University, types of financial supports to students may vary.*

Tasks for the students and Prior confirmation

- 1) Students are required to give a 10min presentation on their university/curriculum/country/culture, and also their country's health care system at the orientation.
Please make a PowerPoint presentation beforehand. They can use video and/or audio if they need.
- 2) Students need to do some research in advance for the case study discussion. We will send them the scenario as soon as it is ready.
- 3) Students are required to submit a reflection paper (1page essay) after the program.
- 4) Photos and videos will be taken during the program and used for Kitasato University website and brochures.

Importance Notice for foreign students (As of October 2022)

- 1) Under the border measures in Japan, all students are required to provide either a valid COVID-19 vaccination certificate (3 doses) of vaccines on the Emergency list of World Health Organization (WHO) or a certificate of negative test result of pre-departure COVID-19 test within 72 hours prior to departing from the original country/region.
**For those nationalities without visa exemptions, please make sure to go to the local Japanese embassy/consulate without delay to apply/receive a visa. The details will be announced later.*
- 2) Students must make your own arrangements for international travel insurance (Covid-19 covered) before entering Japan.

- 3) During your stay in Japan, students must practice precautions against infection: Use mask, sanitize hands/fingers, avoid the “3Cs” (closed spaces, crowds, close contact), and other measures required by Kitasato University.
- 4) When returning to your home from Japan, please confirm the entry measures of your home country in advance and make the necessary preparations.

Documents to be submitted for application

- 1) A copy of the student’s passport
- * You may be required to submit additional documents to meet the requirements set forth by the Japanese government as of March of your entry into Japan.
- 2) Checklist

Application Deadline: 2 December 2022 [Japan Standard Time]

Message from previous year’s participants:

- Be open minded and be patient!
- This is a great opportunity to learn different healthcare systems and other professionals' viewpoints.
- This program has helped me be open to new ideas, cultures, and friends all over the world. I believe it will help me in my professional life.
- This program is very enlightening on how different (yet similar) our medical understanding and values are globally. It is an enjoyable, fun, and inspirational opportunity to work on clear communication, team-building, and empathizing with other medical students throughout the world!
- This program is a good opportunity to meet students in other countries and disciplines, and allows you to broaden your horizons in terms of medical care and insurance. It is an exciting opportunity to get to know more about healthcare outside of your specialty.
- If you not only want to expand your medical knowledge but also are interested in Japanese/Asian people and culture, how they discuss things and atmospheres of their meetings and discussions, this programme is right for you!
- I would strongly recommend you to take part in this program. Not only will you make new contacts there, it is also really nice to get to know, how other professions in Health care work around the world. If you understand what it takes to be a health care employee in other countries you will also get a better understanding of your own competencies and how to properly use them.