**Kitasato University International Exchange Program 2024**

**Mission statement**

* To expand the academic international exchange more interdisciplinary, and educate medical professionals with ability to expand their activity worldwide.
* To establish concrete and effective system for global education program across universities, which involves the “cross-cultural interdisciplinary case study”.

**Cross-cultural Interdisciplinary case study**

***Objective*:**

* The “interdisciplinary case study” lets the students exchange their most recent and evidence based skill and knowledge in health care, as well as sharing social values from an ethical standpoint across countries.
* The experience of collaborating beyond background and disciplines let the students learn multiple strategies to overcome the differences and work together as a healthcare team.
* The students are encouraged to expand their activity in the diverse societal requirements (ie. disaster response, refugee relief) and contribute to their medical and health care.

***Procedure*:** The interdisciplinary case study is a group discussion (usually 9-10 students from different disciplinary) where each group will be assigned to a paper patient to discuss the following guiding questions and give a presentation regarding their opinion/ findings.

***Guiding Questions (tentative)*:** (1) Set a goal for the assigned patient with certain time period. (2) List the possible healthcare the patient should receive, and identify each profession’s role. (3) Discuss the health insurance system, social value and an ethical standpoint across countries that may affect the care for the assigned patient.

***Participated Universities:***  FH Campus Wien (Austria), Charles University in Prague (Czech Republic), University of Marburg (Germany), Gabriele d’Annunzio University (Italy), University of Medical Technology, Yangon (Myanmar), Inland Norway University of Applied Sciences (Norway), National Cheng Kung University (Taiwan), Ulster University (U.K), Thomas Jefferson University (U.S.), University of Kentucky (U.S.), University of California, Irvine (U.S.) and Kitasato University (secretariat of this program).

***Participants From Kitasato University:***Students from School of Allied Health Sciences (Medical Laboratory, Radiological Technology, Physical Therapy, Occupational Therapy, Health Science, Clinical Engineering, Speech Therapy, Orthoptics and Visual Science, Basic Medical Sciences and Clinical Medicine), School of Medicine, Nursing and Pharmacy.

***Program in 2024 (tentative):* Date: March 10 to March 15 2024**

|  |  |
| --- | --- |
| Date | Event |
| March 9 (Sat) | Transfer to the hotel near Kitasato University  \*Some students will leave their country on March 8 (Fri). |
| March 10 (Sun) | Orientation and icebreaker activity |
| March 11-14 (Mon-Thu) | Cross-cultural Interdisciplinary case study (Discussion & Presentation) |
| March 15 (Fri) | Cultural exchange/Sightseeing |
| March 16 (Sat) | Departure |

**\***The program is currently planned to be delivered in person, but please note that this is subject to change due

to unforeseen circumstances.

***Requirements / tasks for the students and prior confirmation***

1) Students are required to give a 10-minute presentation about their university, curriculum, country and culture at the orientation. Please prepare a PowerPoint presentation beforehand. They may use video and/or audio if they wish.

2) Students from each university are fluent in English conversation and are able to present and discuss the medical/health care system in their country.

3) Students will need to do some research before discussing the case study. The Secretariat will send them the scenario as soon as it is ready.

4) Students will be required to complete the questionnaire and submit a reflection paper (1 page essay) within one month of completing the program.

5) Photos and videos will be taken during the program and will be used for the Kitasato University website and brochures.

6) Students must make their own arrangements for international travel insurance before entering Japan.

7) Have been vaccinated at least twice against measles, rubella, mumps and varicella (chickenpox) (if not yet vaccinated, complete two courses of vaccination prior to arrival in Japan or provide documentation of antibody titers in advance). History of disease will not be accepted. All documents must be submitted in English.

(1) Proof of vaccination (at least two doses) against measles, rubella, mumps and varicella (chickenpox).

Or a certificate that meets the titers below.

(2) Proof of vaccination against Covid-19 (at least two doses) and Influenza (from the current flu season before arrival).

**\*Antibody titer criteria at Kitasato University:**

**The test method is EIA (IgG) and the titer must be greater than or equal to the following values.**

**Measles 16.0, Rubella 8.0, Mumps 4.0 and Varicella (chickenpox) 4.0.**

*\*Note: This requirement is due to the fact that a student was unable to participate in the program due*

*to the onset of an infectious disease after arriving in Japan. Thank you for your understanding and cooperation.*

8) If dietary considerations are required due to allergies or religious beliefs, these should be noted on the checklist in the application form.

*\*Note: Please understand that depending on your request, it may be difficult to process the food in Japan into the form you require.*

9) Students who wish to request reasonable accommodation during this program are expected to notify using the application form.

***Financial support from Kitasato University****:*

Air tickets (round trip from major international airports to Tokyo <Haneda or Narita>)

Notes:

(1) Except in emergencies, no changes to dates or itinerary are permitted.

(2) If you wish to fly earlier or stay longer, you must make your own arrangements at your own expense for air travel.

(3) Accommodation is at your own expense, but hotel reservations will be made by the secretariat.

Please refer to the Application Form for further details.

(4) Financial support may vary depending on the academic agreement.

**Documents to be submitted for application** \*Other additional documentation may be required.

1) Application form (ANNEX.1)

2) Copy of student’s passport

3) Copy of vaccination/antibody titer certificate

**Application Deadline:** 4 January 2024 [Japan Standard Time]

**Contact/Enquiry:** [kokusai@kitasato-u.ac.jp](mailto:kokusai@kitasato-u.ac.jp)

Office of International Affairs (Secretariat of this program), Kitasato University

**Message from previous year’s participants:**

* My advice for students attending this program in the future is just one: be ready to work as a team, integrating your culture and your professional knowledge with other people, and enjoy every single moment you will be spending at Kitasato University in this program. One of the best experiences I had in my life, especially as a human being.
* Medical students should cultivate an attitude of staying updated with the latest international empirical research and precision treatments. It is even more important for them to recognize the differences in various countries and cultures. This is an excellent experience for medical students who want to boost themselves and know the intervention of rehabilitation medical services. Please join in Cross-cultural Interdisciplinary Case Study.
* You'll never have a better opportunity to talk with Healthcare professionals from other nations.
* Everybody who has the opportunity to join should take it! It's a great experience getting to know all the students from different countries and work together with them as a team. It's also great to get to know the Japanese culture together with students from here.
* Come and join this program!! You won't regret it! Even if you're nervous to see new people, you are going to be fine because it was really like that for me.
* BE ACTIVE AND CHEERFUL.
* If you are hesitant I have to say that joining this program is the most wonderful thing I've ever been to.
* This program is incredible and I would recommend it to anyone who is interested in the healthcare field and expanding their global perspective
* There is no reason for fear or uncertainty, even about the language. The participants are all so accommodating and helpful that you don't have to worry about such concerns at all. In addition, everything is so well organized that you are always in good hands.